

1945 S. La Cienega Blvd. Los Angeles CA 90034 Business: (310) 271-9999 • Fax: (310) 247-4910

www.maple4counseling.org • info@tmcc.org



Follow us on social media! @maplecounseling







-Virtual Parenting Group Series: Support, Solutions, and Skills-

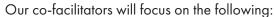
A FOUR-WEEK LIVE ONLINE SERIES TO LEARN EFFECTIVE AND POSITIVE TOOLS TO NAVIGATE PARENTING CHALLENGES

4 session series* meets live via Zoom Fridays at 12:00pm-1:00pm Starting Friday, January 27, 2023

Feel free to grab lunch and join us!

* We ask for a commitment to attend 4 sessions for the most benefit to each parent and the group.

This group welcomes parents and caregivers of **all aged children and adolescents** to obtain support, connection with other parents, and effective solutions to help your family thrive and build resiliency.



- Improve and increase effective and meaningful communication with your child/teen.
- Developing self-reflective problem-solving skills to decrease frustration.
- Learning methods to help you and your child/teen manage hard emotions.
- Understand the impact of stress, related to the health pandemic, on families.
- Setting effective limits with empathy.
- Nurturing family goals and hopes.

SIGN UP TODAY! >> \$40

Email/return registration to: Isabel Esquivel at iesquivel@tmcc.org or call 310-271-9999, ext. 221

Name:

Email Address:

Mailing Address:

City:

Charge my: American Express Visa Mastercard Discover

Card #:

Exp: CSC: Billing Zip:

Please list age(s) of your children:

The group is limited to 6 parents per series. If the limit is reached, interested parents will be prioritized for the following series. For more information, please call our Child & Family Program information line at 310-271-9999, #3.